

Balanced and Restorative Justice

The Balanced and Restorative Justice (BARJ) philosophy emphasizes three factors: community protection, competency development, and accountability.

Community protection - the CTUB programs are staff secure facilities that work very closely with placing agencies to ensure appropriate placement.

Competency development - youth placed in the CTUB program will be individually assessed and identified competency issues will become part of the Individual Service Plan (ISP) and subsequent reviews.

Accountability - youth will be held accountable for their behavior and will be expected to participate in community service projects. Any money earned will be earmarked for restitution.

Individual circumstances of each case shall provide balanced attention to the protection of the community, accountability for behaviors and development of competencies to enable youth to become responsible and productive members of their communities.

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The provision of services, and referrals of clients shall be made without regard to race, color, religious creed, disability, ancestry, national origin (including limited English proficiency), age or sex.

CONCERN Treatment Units for Boys

"... staff-secure, residential facilities for adolescent males."



 **CONCERN**
Hope. Opportunity. Change.

CONCERN Treatment Units for Boys

CTUB's are staff-secure, residential facilities for adolescent males. The CTUB programs are located in rural settings.

The goal of this program is to change the mind sets and behavior patterns of the youth so that they will be able to function appropriately in society and will return to the community as healthy, productive citizens.

The length of placement is determined by the specific needs of the youth.

In 1989, the Pennsylvania Juvenile Court Judges' Commission designated CONCERN's CTUB program as the "Private Residential Program of the Year."

In 2001, the York County Juvenile Probation Department designated CONCERN's CTUB - Lehighton Campus program as "Program of the Year."

Orientation and Testing

Upon arrival, each youth is familiarized with the program philosophy and rules.

Assessments are administered which enable the staff to deal more effectively with each youth. The process is completed within the youth's first month of placement and results are forwarded to the youth's agency worker.

After the initial orientation period, the client is assigned to a beginning phase, where privileges must be earned by changes in behavior and attitude.

Growth through Program Components

Each youth is assigned a case manager, and one-on-one youth worker. Through the use of a variety of services, each youth begins to face reality and the problems that required out of home placement.

- **Group sessions** are provided. Peer feedback allows for insights into the causes of one's attitudes and behaviors.
- **Behavioral Health Services** such as drug and alcohol counseling and mental health services are utilized when appropriate. These services include individual, group, and family sessions. The child's progress is evaluated and reviewed by a licensed psychologist and psychiatrist.
- An **education program** provided by the local school district provides individualized instruction. A certified teacher conducts classes daily, and GED instruction is offered to those youth who are of age and express an interest.
- **Social contacts** are encouraged both inside and outside of the unit. When the youth begins to display the capability of interacting positively with peers, he is given opportunities to interact with members of the local community and volunteer groups.
- **Recreational activities** are afforded each youth for the purpose of social skills development and exposure to appropriate physical and social outlets.

Assessment of Progress, Safety and Well Being

From information gathered through the use of a monitoring system, youth are evaluated throughout each week. Staff meet to discuss each youth's progress in terms of general behavior, interactions with staff and peers, activity participation, school performance, chore completion, hygiene, safety and well being. Incentives and positive reinforcements are given to those who meet specific goals.

Permanency and Aftercare

During permanency and aftercare planning, staff from the placing agency will determine the viability of the family as an aftercare resource. If appropriate, staff from CTUB and the placing agency will work toward reintegrating the youth back into the family and the community.

Aftercare is provided following release, to help the youth make a smooth transition back into the community.

Placement options are also available through CONCERN's Community Life Skills program and Treatment Foster Care program.

