

45 Years of Excellence

45 years ago, a group of caring human service professionals started CONCERN as a foster care agency. As the story is told, everyone was concerned about children, concerned about their well-being, concerned about their future, concerned, concerned.The group decided the best name for this new non-profit would be CONCERN and that is how the 45-year journey toward excellence began!

Through the late 70s and early 80s, the agency focused on foster care. Since then, CONCERN has expanded the focus of its service to include behavioral health services, community-based programs, and residential treatment. Here is a snapshot of CONCERN's 45 years of EXCELENCE:

- Providing support and services to over 200,000 people
- Supporting 27,000 children in youth and placement services
- 5,000 adoptions
- 🕻 70,000 behavioral health clients
- 2,200 residential treatment clients

During my 6 years at CONCERN, I'm most proud of our staff and their ability to provide new and innovative services to meet the ever-changing needs of the children and families we serve. For example, in response to the mental health crisis our country is experiencing and experienced through COVID, it was evident we needed to expand our mental health programs. To respond to this need:

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Hope. Opportunity. Change

Come Celebrate With Us

Tickets and Sponsorship Opportunities are NOW available!

CONCERN celebrates 45 years of providing services to children, youth, and families.

We hope you will join us for a night of dinner, dancing, silent auction, and program highlighting 45 years of excellence

RSVP today or consider a sponsorship opportunity! Visit our website at www.concern4kids.org for more information.



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Celebrating 45 Years of Excellence (continued from page 1.)

- We have increased our number of therapists substantially
- 🕻 We have developed multiple school-based programs
- CAdded/enhanced crisis programs for mental health services
- 🕻 We have also added more evidence-based practices to these programs
- Beginning Functional Family Therapy (FFT) in the Fall 2023 ***

The heart of CONCERN has always been and will always be its people and its mission.

ALL the employees we have must live and breathe our mission to provide hope, offer opportunity, and inspire change. Our mission is at the center of all we do, and we live it every day!

***(Functional Family Therapy (FFT) is an evidence-based intervention for youth and families. This highquality, strength-focused family counseling model is designed primarily for at-risk youth who have been referred by the juvenile justice, mental health, school, or child welfare systems. Services are short-term and conducted in both clinic and home settings, and can also be provided in schools, child welfare facilities, probation and parole systems, and mental health facilities https://www.fftllc.com/)

45 Years of Highlights

- Mother/Baby Foster Care begins in 1978 Begins to serve children in foster care 2007 1981 First Regional Office in Lewisburg, PA Maryland 1.000th child is admitted into 1984 2009 placement 1985 Begins serving medically fragile 2010 children 2013 1988 CTUB opens in Coatesville, PA 1993 The 5.000th child is admitted into placement District Receives license for behavioral health 1994 2014 rehabilitative services in PA 2015 The Foster/Adopt program begins 2001
 - New logo is introduced utilizing the 2002 tagline Hope. Opportunity. Change.
 - Mother/Baby Independent Living 2003 Program is initiated in PA
 - The 10,000th child is admitted into 2004 placement



Community Residential Rehabilitation Services (CRR) begins **CONCERN** Counseling Services begins **Telephone Crisis Intervention Service Begins School-based Outpatient Services** Program in Fleetwood (PA) Area School Visit Coaching program is initiated Nurturing Parenting Program is initiated 2017 Adopts new mission and vision statements Trauma Focused Foster Care begins 2020 2021 Easton Clinic Opens 2023 CONCERN celebrates 45 years!!!

* This is a snapshot of our success and is not all inclusive



Focus on Our Youth

A client at CONCERN's Treatment Unit for Boys (CTUB) was awarded student of the month at the high school he is attending.

April's student of the month goes to Joshua

Here is what his teachers had to say about him:

Sosh is in my advisory and is always the first student in our classroom. He helps set up the supplies for the day and sharpens the pencils. He works well with other students and responds well to negativity from other classmates. He is always kind, helpful, and respectful of everyone in the classroom. He is more than well-deserving of student of the

month!

I nominate Josh as student of the month. He is respectful, kind to all staff and peers. He has consistently done what he needs to do all year long. He's an excellent student and a joy to have in class!!!

I'd like to nominate Josh. This young man has a number of challenges outside of school that could cause him to be bitter, angry, and unpleasant all of the time. Despite these obstacles, he attends school and does his best and he is generally a nice kid. Students like him are often overlooked because he doesn't cause problems on a daily basis. This would mean the world to him.

🕻 I can back Josh as well. He is always pleasant and polite. He works hard in class as well.



CONCERN's Treatment Unit for Boys (CTUB) celebrated the graduation of two boys and an end of school year BBQ.

ZION is getting more active and social as he grows! He has become steadier on his feet, exploring the world around him including the animals! He is often ready to greet those around him and ready to play.

For **ALAIYA**, May was an eventful month full of accomplishments! She attended prom, graduated from high school and turned 18 years old! She currently works at a Beauty Supply store; is seeking a full time job and is attending Cosmetology School!

> **KAYLA** graduated from high school! What a wonderful accomplishment! We are so proud of her! Keep up the great work and can't wait to see what you will do in the future!



Focus on Our Families

On August 3, 2023, Sarta Freeman celebrated 31 years as a foster parent for CONCERN! Ms. Freeman is a proud African American who came to the US in 1969 from Liberia; she was in middle school at that time. After being a student at Prince George Community College, she started as an LPN after getting married. She worked as a nursing assistant in dialysis in various positions until her retirement three years ago.

In recent years you may have heard her wondering aloud if this is the year she should retire from foster parenting. But every year there seems to be a young man who has captured her heart and she will declare, "Just one more year" so she can see this one



launched. And that heart of hers is a big one. She has raised two sons and a daughter of her own, enjoys three grandchildren, and has cared for more than 35 young people over her years as a foster parent.

Ms. Freeman has nurtured a diverse spectrum of clientele, from clients with differing physical or developmental abilities, a wide range of mental health challenges, a client struggling with gender/sexual identity, and one parenting teen. Some of her clients were involved with the Department of Juvenile Services, and at one point Ms. Freeman was on a first-name basis with several of her friendly local police officers.

Through it all Ms. Freeman has patiently and calmly provided guidance, affection, and a listening ear. She is most often soft-spoken, tolerant and generous. Ms. Freeman has developed solid parenting skills over the years and continues to be open to learning new ways of coping and responding to the stresses of foster parenting.

Ms. Freeman lives her life as a foster parent as expressed by the concept of "ubuntu." Ubuntu is a Xhosa phrase meaning "I am because we are." At its most basic Ubuntu is human kindness, but really it is so much more than that; this philosophy that champions the collective over the individual and embodies the ideas of connection and community. As Liberian peace activist, Leymah Gbowee summed it up her way: "I am what I am because of who we all are."

As a result, many of her former clients remain in contact with her, even years after they have left her care. She has successfully assisted with reuniting clients with members of their legal family and helped to launch numerous young people into independence. One former client is currently serving in the US Marines.

Ms. Freeman lost her mother during the COVID-19 pandemic, a gut-wrenchingly difficult time for her. During this time, the two clients in her home were able to stand by her and allow her to grieve, modeling some of the skills they had seen Ms. Freeman use when listening to and caring for them. Other current and former clients often check in with her to see how she's doing, or to report on their own successes.

Sarta Freeman has been a valuable member of the CONCERN family and we are fortunate to be able to continue to partner with her, however much longer she decides to keep giving from that big heart of hers.

CONCERN's Spring 2023 Events Were a Huge Success

Thank you for helping us achieve excellence for 45 years and beyond!

Spring Bingo

Adalyn Rose Foundation KDI, Inc. OZGOODS Costco Wholesale Arthur J. Gallagher Co. **GDC IT Solutions** Renefits DNA Nia's Pizzeria Homer's Bar & Grill Lehigh Valley Zoo Giant Sam Nova Deitsch Eck Restaurant Reading Phillies Berks Packing Riverfront Federal Credit Union Hershey Gardens Landis Valley Village & Farm Museum Diefenbach's Chips Yocco's Essensibles onder centers Blue Marsh Insurance Weaver's Ace Hardware **Cadillag Pub** Reading Public Museum CORNERSTONE ADVISORS ASSET MANAGEMENT Lake Tobias FLEETWOOD PIZZA Clark's TV & Appliance The Shop Eatery Expense Reduction Analyst Miller Thielen, PC HAWK MOUNTAIN SANETUARY ASSOCIATION RUBY HEART CRAFTS FLEETWOOD FOOD MARKET GRAND CENTRAL TAP ROOM US Express Printing Penn State University Unique Snacks The Pour House American Grille FLEETWOOD ROTARY CLUB M & M Sandwich Shop Tracey's Flowers LLC Sight & Sound Theatres **Reading & Northern RR** Plum Creek Farm Market & Creamery Suburban Water Technology Fiore's Family Restaurant Weidenhammer Systems V & S Sandwich Shop North, Jnc. Levan Machine & Truck Equipment Thank you to the many sponsors who helped to make our Spring 2023 bingo a huge success. With more than 185 attendees and, the sponsors listed here, bingo raised over \$11,000 to benefit the children and youth in CONCERN's care through the Special Needs Fund.

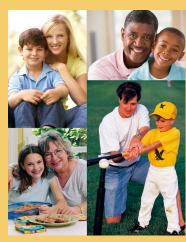
Don't miss CONCERN's Fall Bingo scheduled for Thursday, October 5th at the Fleetwood Grange.

Visit https://www.concern4kids.org/ events-1/bingo or contact Jane Zettlemoyer at jzettlemoyer@concern4kids.org or 610-215-9569 for sponsorship information or to purchase tickets.

2023 Highmark Walk for a Health Community

CONCERN joined the Highmark community with three teams walking to raise money for children, youth, and families on June 3, 2023. We raised \$5,200. Thank you to Wawa Corporate Office for supporting the walk.





Open your heart and your home

You Can Make a Difference! Be a Foster or Adoptive Parent

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www.concern4kids.org

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Enclosed is my gift to CONCERN



MARY BETH HUGHES SCHOLARSHIP

FIVE COMPETITIVE SCHOLARSHIPS - \$1,000 EACH

AWARDED TO A FOSTER CARE OR ADOPTED Youth, who were in concern's care prior to their high school graduation

ARE PURSUING POST EDUCATION OR TRAINING

DEADLINE DECEMBER 31, 2023

The Mary Beth Hughes Scholarship is a newly created scholarship in memory of CONCERN's late Vice President, Mary Beth Hughes. Mary Beth worked for CONCERN for 45 years; leaving a legacy of compassion and care behind. She affected the lives of so many children, youth, and families.

Five \$1,000 Scholarships will be available to children in CONCERN's foster care or adopted through CONCERN's adoption program prior to their high school graduation and are pursuing post high school education or training.

Mission Statement

CONCERN brings hope, offers opportunity, and inspires change.

Vision Statement

To encourage growth and promote positive healthy lives!

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For more information on location and services visit:

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Gordon H. May, MSW, President/CEO

The Courier is published by CONCERN - Professional Services for Children, Youth, and Families Your comments and suggestions are always welcome by mail, phone, fax or e-mail addressed to the Development & Marketing Department at our Corporate Office: One West Main Street • Fleetwood, PA 19522 • (484) 578-9600 • FAX (610) 944-8834 • fundraising@concern4kids.org

CONCERN Hope. Opportunity. Change.

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